

*Focuses on the effects, risks, and consequences of illicit drug use and prescription drug misuse*

Other Drugs is an intervention for individuals with current or past experiences with illicit drugs and/or prescription misuse. Other Drugs covers the main drug classes of opiates, depressants, stimulants, and hallucinogens. It includes commonly misused prescription medications, such as Adderall, Ritalin, Vicodin, Oxycontin, Xanax, and Ambien. It also covers the lethal effects of fentanyl.

Other Drugs provides personalized feedback and addresses risks, effects, and consequences to the individual in a motivational interviewing style. It helps the individual recognize and reflect upon their beliefs, attitudes, and behaviors.

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## LEARNING OUTCOMES

*After taking Other Drugs, the individual will be able to:*

- Identify personal strategies for avoiding prescription drug misuse
- Recognize signs and stages of overdose for each drug category
- Take appropriate action in an overdose situation
- Debunk myths regarding effects of stimulants and better learning
- Recognize that peer use is less common than typically perceived
- Understand the dangers of sharing prescription medication
- Understand the mental, physical, and emotional effects associated with the four main categories of psychoactive drugs
- Recognize symptoms of addiction, tolerance, and dependence for each drug category
- Recognize signs and stages of withdrawal for each drug category
- Identify the dangers associated with prescription drug use as well as the potential and risk factors for misuse
- Analyze both classic and dissociative hallucinogens and their differing effects on brain and body
- Understand the dangers of mixing psychoactive drugs
- Identify possible gateway drugs and the correlation between early use and higher addiction rates
- Identify personal reasons for drug use
- Recognize the importance of making a change to lessen or end personal drug use
- Identify personal triggers for use and develop a plan to deal with triggers and cravings
- Develop a personalized strategy for making a change in drug use
- Understand the effects depressants have and what that means for tolerance build up and addiction
- Recognize the similarities abused prescription medications have with psychoactive drugs

