

Alcohol abuse prevention course for graduate, non-traditional, continuing education students

This very brief course is for students 21 years and older and provides each student with their own personalized feedback report.

Alcohol Wise 21+ utilizes the evidence-based, NASPA-recognized eCHECKUP brief intervention that has been proven to reduce high-risk drinking behavior and also affirms abstainers. This program reduces negative consequences, educates students about the effects of alcohol, and acts as a prevention tool against future alcohol-related issues and violations.

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LEARNING OUTCOMES

After taking Alcohol Wise 21+, the individual will be able to:

- Understand how alcohol is metabolized in the body
- Identify the factors that contribute to BAC
- Understand how alcohol is absorbed into and eliminated from the body
- Clarify personal choices about his or her drinking habits, attitudes, and behavior
- Understand how personal choices about alcohol affect peers
- Describe how alcohol can affect their academic progress and social behavior
- Identify drug and alcohol interactions and high-risk and low-risk drinking patterns
- Know how to access campus resources



PREVENTION // INTERVENTION // PERSONALIZED FEEDBACK // COMPLIANCE TRACKING // INTEGRATIONS
EVIDENCE-BASED // CUSTOMIZABLE // OUTCOME REPORTING // CONFIDENTIAL // ECHECKUP