



Online intervention course for shoplifting violations

STOPLifting is an online intervention that addresses shoplifting violations. STOPLifting contains a personalized feedback report that helps individuals reflect on their behaviors, consequences, attitudes, and beliefs regarding shoplifting.

STOPLifting utilizes evidence-based behavior change strategies which help the individual move from ambivalence to awareness to a change in behavior, which is why STOPLifting is used by hundreds of courts and agencies across the country.

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LEARNING OUTCOMES

After taking STOPLifting, the individual will be able to:

- Examine beliefs and attitudes about shoplifting
- Self-examine shoplifting habits and patterns
- Assess top reasons why they shoplift
- Develop tools and strategies to quit shoplifting
- Examine reasons they shoplifted and how they feel about it now
- Challenge common shoplifter misconceptions
- Understand that shoplifting affects store owners, employees, individual's family, and the community they live in, not just the individual
- Discuss how shoplifting can become addictive and compulsive without an intervention
- Understand legal and personal consequences for shoplifting
- Discover differences between grand and petty theft
- Discuss how shoplifting can impact individual's future
- Examine personal values and how they impact decision-making, especially in regards to shoplifting
- Reflect on why they started shoplifting in the first place, i.e., what was happening in the individual's life at the time, how they were feeling, etc.
- Discuss what personal life changes are necessary to stop shoplifting
- Look at practical steps to curb shoplifting and decide which will help them the most
- Look at different ways to manage stress as an alternative to shoplifting



INTERVENTION // PERSONALIZED FEEDBACK // COMPLIANCE TRACKING
EVIDENCE-BASED // OUTCOME REPORTING // CONFIDENTIAL // INTEGRATIONS