

## Defining Academic Integrity

Academic integrity is not just about students not cheating.

The ICAI (International Center for Academic Integrity) defines academic integrity as a commitment to six fundamental values.



HONESTY



TRUST



FAIRNESS



RESPECT



RESPONSIBILITY



COURAGE

Every institution posts its own guidelines about academic integrity, usually on the school's website.

## Plagiarism

Some of the most common reasons for plagiarism or academic dishonesty include:



Peer pressure



Running short on time



Anxiety about grades



Pressure from families



Lack of understanding



Failure to understand the consequences of academic misconduct



Failure to review course syllabus



Difficulty in managing student life

You said you have plagiarized for the following reasons:

- Anxiety about grades
- Running short on time
- Peer pressure

## Strategies for Change

There are many things you can do to proactively avoid academic dishonesty and the situations that make it more likely to engage in plagiarism.

You said you have plagiarized for the following reasons:

- Take thorough notes in my research
- Be aware of peer pressure
- Make sure I understand the assignment
- Get enough sleep
- Set goals that are possible

## Personal Code of Ethics

When all is said and done, the responsibility for academic integrity rests on you, the student. Teachers and staff members are there to help, but you are the one ultimately accountable.

A good starting point for taking responsibility for academic integrity in your work is to develop a personal code of ethics.

You said you would include the following in your personal code of ethics:

- Curiosity to see where the intellectual conversation leads
- Honesty about where information comes from

## Your Resources

High schools and universities put a lot of effort into making sure students have plenty of help when it comes to academic integrity. There are a lot of resources for students who strive to maintain academic integrity.

You said you would be willing to use the following resources to help you maintain personal accountability and academic integrity:

- Peer review
- Counseling services
- Guidance counselors
- Academic advisors