RESPECT & RESOLVE | CONFLICT WISE



WHAT THEY COVER & WHEN TO USE THEM



HEALTHY RELATIONSHIPS

PREVENTION

- · Health or life skills class curriculum
- · Course requirement for incoming students

INTERVENTION

- · Conduct violations
- · High-risk behavior
- · Alternative to suspension

LEARNING OUTCOMES

- Identify and build elements of healthy relationships
- Recognize abusive traits and actions in a relationship
- Discuss how to set emotional and physical boundaries in a relationship
- Learn and apply bystander intervention strategies
- Make healthy decisions in all kinds of relationships
- Identify positive communication strategies
- Identify strategies for exiting risky situations
- Determine "next steps" after reporting a violent incident
- Understand the negative impact of bullying on the bully, the bullied student, and the bystander



ANGER MANAGEMENT

INTERVENTION

- · Anger Management
- · Conflict Resolution
- · Harassment
- ·Bullying
- Fighting
- · Interpersonal Violence

LEARNING OUTCOMES

- Discuss the impacts of uncontrolled anger on relationships
- Recognize how alcohol and drugs can escalate abuse
- Differentiate between healthy and unhealthy responses to conflict
- Discuss how anger affects mental, physical, and emotional health
- Choose strategies to best manage stressful situations and anger triggers
- Identify the negative impact of harassment on oneself, the harassed student, and bystanders
- Identify types of harassment, including bullying, sexting, cyberharassment, stalking, and assault

