

# COMPREHENSIVE SUBSTANCE AWARENESS & TESTING GUIDE FOR SCHOOLS

Here's a comprehensive list of substances that schools should consider testing for if a student appears under the influence.

*This list includes commonly abused substances and emerging drug trends among adolescents:*

## MARIJUANA & CANNABIS DERIVATIVES

### THC (DELTA-9)

#### DELTA-8 THC

Legal alternative with similar effects to THC

#### DELTA-10 THC

Legal alternative with similar effects to THC

#### HHC

#### (HEXAHYDROCANNABINOL)

Synthetic cannabinoid, effects similar to THC

#### SYNTHETIC CANNABINOIDS "K2" "SPICE"

Unpredictable effects, high overdose risk

## STIMULANTS

### PRESCRIPTION STIMULANTS

#### ADDERALL, RITALIN, VYVANSE

Often misused for studying or weight loss

### COCAINE & CRACK COCAINE

### METHAMPHETAMINE "METH"

### MDMA "ECSTASY" OR "MOLLY"

## DEPRESSANTS & SEDATIVES

### BENZODIAZEPINES XANAX, VALIUM, KLOPINOL

Extreme withdrawals... the only withdrawal other than alcohol that can be fatal

### PHENIBUT

Sold online, used for relaxation but highly addictive

### BARBITURATES

Rare but still misused in some cases

## OPIOIDS

### PRESCRIPTION OPIOIDS OXYCODONE, HYDROCODONE, MORPHINE, CODEINE, TRAMADOL

### HEROIN

### FENTANYL

Extremely potent, a major cause of teen overdoses

Frequently used to "cut" other drugs like heroin, cocaine, and other white powder substances. You are at risk of ingesting fentanyl in these other drugs even if you do not use opioids.

### TIANEPTINE

#### "GAS STATION HEROIN"

An antidepressant with opioid-like effects, increasing in popularity

### NITAZENES

Emerging synthetic opioids more potent than fentanyl

## DISSOCIATIVES & HALLUCINOGENS

### LSD "ACID"

### PSILOCYBIN

#### MAGIC MUSHROOMS

Can be found in edibles like chocolate bars, and rarely in a vaporizer.

### DXM

#### DEXTROMETHORPHAN "ROBO-TRIPPING"

Found in cough syrups - Some forms of DXM contain guaifenesin, or acetaminophen which are extremely dangerous to ingest in high quantities, especially in combination with another substance.

### KETAMINE "SPECIAL K"

### DMT/AYAHUASCA

May rarely be found in vape devices

### PCP "ANGEL DUST"

## OTHER PSYCHOACTIVE SUBSTANCES

### KRATOM MITRAGYNE, 7-HYDROXYMITRAGYNE

Mimics opioid effects in high doses | Available as capsules, powder, and liquid "shots"

### 7-HYDROXYMITRAGYNE

(More potent metabolite of Kratom) Generally found in capsule or liquid "shot" form.

### TUCI

#### "PINK COCAINE"

A mix of synthetic drugs, including MDMA, ketamine, and stimulants - high risk of fentanyl contamination

### GHB

#### "DATE RAPE DRUG"

Used recreationally and as a club drug - generally a liquid

### SALVIA DIVINORUM

Legal hallucinogen with short-lasting but intense effects - similar to synthetic cannabis, risk of dissociation or psychosis.

## ALCOHOL & NICOTINE PRODUCTS

### ALCOHOL ETHANOL

### NICOTINE INCLUDING NICOTINE SALTS IN VAPES

Cotinine testing can detect use

### TOBACCO ALKALOIDS

To identify smokeless tobacco use